THE ANGLICAN PARISH OF KOKANEE St. Saviour's, Nelson | St. Mark's, Kaslo



Lent is a solemn season marked by a spirit of reflection, fasting, prayer and acts of love. In our Lenten journey toward the Paschal Mystery of Easter, we are invited again to take up the cross of Christ and walk the path of sacrifice with humility of spirit.

> St. Saviour's Pro-Cathedral (LIVESTREAM COPY)

GATHERING OF THE COMMUNITY

Welcome Prelude Opening Hymn	(see insert) (see insert)
Greeting Presider	The grace of Christ, and the love of God, and the indwelling of the Holy Spirit be with you all.
All	And also with you.
Presider All	Bless the One who forgives all our sins; whose mercy endures forever.
Presider	If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness. <i>1 John 1:8-9</i> Let us confess our sins confident in God's forgiveness:
Presider All	God of compassion, Forgive us that we keep your blessings to ourselves. Forgive our failure to forgive others as we have been forgiven. Forgive our failure to reach out to welcome the stranger, to feed the hungry and visit the lonely. Forgive us our lack of faith and the smallness of our vision, and for all the ways in which we have failed to live as your faithful people. Come alive in us again with your love and grace; show us again your power to transform our hearts and minds. Fill us with the peace that the world cannot give, that we may be people who share your abundant love for all.
Presider All	Beloved Friends, hear the good news: the compassion of God is from everlasting to everlasting who recreates all things anew. In Christ we are a new creation! Amen. 2 Cor. 5:17
Presider All Presider	May God be with you. And also with you. Let us pray.

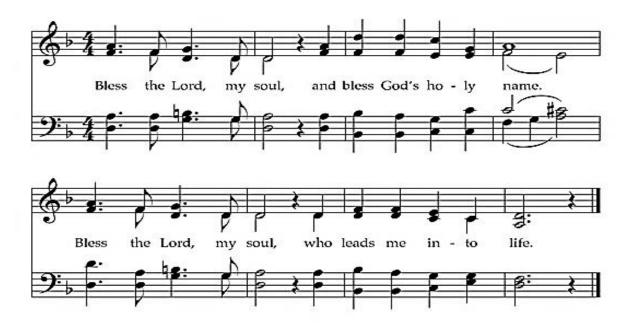
Opening Prayer (see insert)

LISTENING TO GOD'S WORD

1 st Reading	(see insert)
Reader All	Listen for what the Spirit is saying. Thanks be to God.
	(silent reflection)
Psalm	(see insert)
2 nd Reading	(see insert)
Reader All	Listen for what the Spirit is saying. Thanks be to God. <i>(silent reflection)</i>

Gospel

(Sing 3 times before and after gospel)



ReaderThe Lord be with you.AllAnd also with you.The Good News of our Lord Jesus Christ according to *(see insert)*AllGlory to you, Lord Jesus Christ.

After the Gospel:

Reader	The Gospel of Christ.
A 11	Ducias to you I and Isana (

All Praise to you, Lord Jesus Christ.

Message

Prayers of the People

A member of the church leads us in prayer for the church and for the world.

The Peace

Presider	May the peace of Christ be always with you!
All	And also with you.
	All are invited to exchange the peace of Christ

THE CELEBRATION OF THE EUCHARIST

Offertory Hymn (see insert)

Prayer over the Gifts

PresiderGod our provider,Allyou have not fed us with bread alone, but with words of grace and life.
Bless us and these your gifts, which we receive from your bounty, through
Jesus Christ our Lord. Amen

Eucharistic Prayer

Presider	May God be with you.
People	And also with you.
Presider	Lift up your hearts.
People	We lift them to the Lord.
Presider	Let us give thanks to the Lord our God.
People	It is right to give our thanks and praise.
Presider	We give you thanks and praise, Eternal God, through your Anointed One, Jesus Christ. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he was born of Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Creator of all.In fulfillment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.He chose to bear our grief and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices

to proclaim the glory of your name:

- SanctusHoly, Holy, Holy Lord, God of power and might.#689Heaven and earth are full of your glory.Hosanna in the highest.Blessed is he who comes in the name of the Lord.Hosanna in the highest.
- Presider Holy and gracious God, accept our praise, through your son our Saviour Jesus Christ, who on the night he was handed over to suffering and death, took bread and gave you thanks saying, *"Take, eat; my body given for you."*

In the same way he took the cup, saying, "Drink, all of you, my blood of the new covenant, shed for the healing and renewal of all. Do this, remembering I am always with you."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

Send your Holy Spirit upon the offering of your holy people. Gather into one all who share in these sacred mysteries, filling us with the Holy Spirit, and confirming our faith in the truth, that together we may praise you and give you glory through your servant, Christ Jesus.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, Creator of All, forever and ever. **Amen.**

The Lord's Prayer

Presider	As Christ has taught us, let us pray
All	Our Father in heaven, hallowed be your name.
	Your kingdom come, your will be done on earth as in heaven.
	Give us today our daily bread.
	Forgive us our sins, as we forgive those who sin against us.
	Save us in the time of trial, and deliver us from evil.
	For the kingdom, the power, and the glory are yours,
	now and forever. Amen.

Breaking of the Bread

Presider All Presider All	We break this bread, communion in Christ's body once broken. Let your Church be the wheat which bears its fruit in dying. If we have died with him, we shall live with him; if we hold firm, we shall reign with him.
Presider	These are the gifts of God for the People of God
All	Thanks be to God.

Communion

All Christians of any denomination are welcome to receive communion.

Post-Communion Hymn (see insert)

Prayer after Communion (please stand, as you are able, and pray together)	
Presider	Compassionate God,
All	you have fed us with the bread of heaven. Sustain us in our Lenten
	pilgrimage; may our fasting be hunger for justice; our alms, a making of
	peace; and our prayer, the song of grateful hearts; through Jesus Christ, our
	Saviour and Lord. Amen
Lenten Blessing	
Presider	Loving and Eternal God, grant that we your people may recognize our weakness
	and put our whole trust in your strength, so that we may rejoice forever in your
	loving providence, + through Christ Jesus. Amen.
Closing Hymn	(see insert)
Dismissal	
DISIIIISSAI	Go into the world to share the love of Christ.
All	Thanks be to God!
Postlude	(see insert)
i optimut	

St. Saviour's Pro-Cathedral of Nelson, British Columbia 701 Ward Street, Nelson BC V1L 1T3 Email: kokaneeanglicans@gmail.com